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Special Guest

Doug Carragher

of Wounded Spirits Ministries

Psalm 9:9

The Lord is a refuge for the oppressed, a stronghold in times of trouble.

Proverbs 12:25

Anxiety in a man's heart weighs it down (depression), but a good word cheers it up.

Deuteronomy 31:8

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

Psalm 27:14

Wait on the LORD: be of good courage, and He shall strengthen thine heart: wait, I say, on the LORD.

Ecclesiastes 9:4

Anyone who is among the living has hope.

Psalm 31: 22-24

You heard my cry for mercy when I called to you for help... Be strong and take heart, all you who hope in the Lord.

Isaiah 52:4

Surely he took up our sicknesses and carried our sorrows.

Mark 9:23

Everything is possible for him who believes.

JOY AND WOUNDED SPIRITS

More Information:

woundedspirits.com

Help for Wounded Spirits Podcast

REFLECTION

Where are the places your spirit is wounded?*

What is the most important thing you heard today about healing your wounded spirit?*

What is one thing you can do now to start healing your wounded spirit?*

***please reach out to your pastor or a medical professional if this program has revealed places to you in need of healing that may require additional support. If you feel you need immediate medical attention, please dial 911.**

**Connect
with Deb**

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