

LIVE *joy* SHARE *joy*

Special Guest

Tammie Colley

SHARING TEARS WITH THE LORD

God holds every tear from our hands. JOY comes from peace and relationship with the Lord. God invites us to look to Him.

Psalm 126:5

Those who sow with tears will reap with songs of joy.

Proverbs 3:5-6

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Psalm 28:7

The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.

Tammie's Desk Wisdom:

TGIF-Thank God I'm Forgiven

Reflection:

Have you shared tears with the Lord? Describe your experience. If this is something new, try sharing tears with the Lord. Notice the impact on your relationship with God.

Tammie's Insights

Look for enough light in front to take your next step-even if it's a glimmer. Follow the light.

God is your protective barrier. Invite His protection every day.

Your heart may have times where it is breaking but the Lord will give you strength.

Sharing tears is a form of worship. Some people raise their hands. Some people share tears. Some do both.

God invites us to look to Him. Always.

Crying out to the Lord is a seed of JOY being planted.

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with Deb

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