

LIVE *joy* SHARE *joy*

Special Guest

Marina Zamzow

of M. Designs-helping you create the space that is "you"
Find Marina on Facebook at M.Designs LLC

CREATING A JOYFUL HOME FOR 2022

Each day we wake up, put on Christ and He loves us. One way we can honor Christ's love for us is by creating a home filled with JOY, peace, love and kindness.

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. John 3:16

Three Key Points

Foster a Christ-Centered Home

Look at your space. Take two steps back. What creates this home? When you have Christ in your life you have a wholeness. There is a feeling of completeness. Lead your home with this. Everything else will follow.

Marina's Tips for Fostering a Christ-Centered Home:

- Have a strong devotional life. People love structure. This could be prayer before dinner, at bedtime or right away in the morning.
- Make sure you take time to read The Word. Immerse yourself in God's Word.
- Notice your actions. Yelling, arguing and discord are "signs" that it is time to amp up prayer, Scripture, devotions and communication.
- We are not perfect; this is why we need our Savior, Jesus Christ. When you have a Christ-centered home there is peace in the home.

Declutter Your Space

Decluttering helps the whole feel of your home. You can focus on your loved ones. Decluttering helps free the brain. Clutter can reflect your mental health. Getting rid of piles helps you think more clearly.

Marina's Tips for Decluttering Your Space:

- Sometimes people need an extra push. Having someone else working side by side can be helpful, especially when you go through certain spaces. Hiring a professional organizer may be useful.
- It's ok to give yourself permission to release items. Ask yourself, when did you use this last?
- If you have items with memories that are important, have one box where you put those things. If there is more than what can fit into a box, take photos of the ones that you can release and then release those and keep what you can fit into the box.

Unity

Be unified in your family and unify the space of the home-the themes that are happening within your home. This is everything from paint to flooring to the items you have on the walls. Bedrooms are designed to be unique.

Marina's Key Unity Tip:

- Look around your home. Where is the space unified and where isn't it unified? Identify what could unify the space more. Notice the impact of a unified space.

More Reflection:

What does a JOYful home look like to you?

Connect
with Deb

Online: lifefullofjoy.com

Facebook: Deb McGregor | Instagram: @LiveJOYShareJOY

Connect Your Listeners with Deb:
Deb@lifefullofjoy.com

life full of
JOY